



Flexible Sigmoidoscopy Bowel Prep

Appointment Date: _____ **Appointment Time:** _____

NOTE: Please read ALL instructions and precautions carefully

If you have any questions, please call our office at (205) 933-0960

Blood thinner precaution:

If you take any blood thinners such as coumadin, warfarin, Xarelto, Plavix, or Eliquis, please call our office at least two weeks in advance. You must come off your blood thinners prior to your procedure and will need doctor approval. You do not need to stop low dose aspirin.

GLP-1 precaution:

If you take a GLP-1 medication such as ozempic, rebelysis, wegovy, mounjaru, zepbound, or compounded semaglutide, you will need to hold your dose one week prior to your procedure. Failure to do so may result in cancellation of procedure or the need for a more involved anesthesia.

Before your procedure:

- Purchase two fleet enemas from your pharmacy.
- Administer both enemas 1-2 hours before your procedure.
- **Do not eat or drink anything after midnight on the day of your procedure. If you must take a medication the morning of your procedure, you may do so with a small sip of water.**

The day of your procedure:

- You must bring a driver with you to the procedure. They must remain on-site for the entire procedure.
- Please go to the GI Center at your arrival time. The GI Center is located across from Professional Office Building 3.

Please Note:

There will be a \$150.00 no show/cancellation fee for anyone that does not give a 72-hour notice for any procedure. This fee will need to be paid in full before the can be rescheduled.