



Colonoscopy Bowel Prep Sutab Instructions

Appointment Date: _____ **Appointment Time:** _____

NOTE: Please read ALL instructions and precautions carefully

If you have any questions, please call our office at (205) 933-0960

Blood thinner precaution:

If you take any blood thinners such as coumadin, warfarin, Xarelto, Plavix, or Eliquis, please call our office at least two weeks in advance. You must come off your blood thinners prior to your procedure and will need doctor approval. You do not need to stop low dose aspirin.

GLP-1 precaution:

If you take a GLP-1 medication such as ozempic, rebelysis, wegovy, mounjaru, zepbound, or compounded semaglutide, you will need to hold your dose one week prior to your procedure. Failure to do so may result in cancellation of procedure or the need for a more involved anesthesia.

Two days before your procedure:

- Follow a low-residue diet.
 - Avoid all raw fruits and vegetables.
 - Avoid all leafy, green vegetables.
 - Avoid foods that contain seeds or hulls.
- Ensure you have picked up your Sutab prescription from your pharmacy

One day before your procedure:

- Follow a strict liquid-only diet.
- Allowed liquids and semi-solids:
 - Water
 - Coffee (without milk or cream)
 - Tea (without milk or cream)
 - Apple juice (no pulp)
 - White grape juice (no pulp)
 - Clear broth
 - Sprite
 - Ginger ale
 - Gatorade (no red, orange, or purple)
 - Kool-aid (no red, orange, or purple)
 - Jello (no red, orange, or purple)
 - Water popsicles (no red, orange, or purple)
- **DO not take oral medications within one hour of starting each dose of Sutab.**
- At 6:00 pm, open the first bottle of Sutab. Fill the provided cup with water to the 16 oz fill line. Swallow each tablet with a sip of water and take all tablets within 15-20 minutes. Drink an additional 32 oz of clear liquid within one hour of taking the last tablet.
- Six hours before your procedure, open the second bottle of Sutab. Fill the provided cup with water to the 16 oz fill line. Swallow each tablet with a sip of water and take all tablets within 15-20 minutes. Drink an additional 32 oz of clear liquid within one hour of taking the last tablet.
- **Do not eat or drink anything after midnight on the day of your procedure, except as directed in the instructions above. If you must take a medication the morning of your procedure, you may do so with a small sip of water.**

The day of your procedure:

- You must bring a driver with you to the procedure. They must remain on-site for the entire procedure.
- Please go to the GI Center at your arrival time. The GI Center is located across from Professional Office Building 3.

Please Note:

There will be a \$150.00 no show/cancellation fee for anyone that does not give a 72-hour notice for any procedure. This fee will need to be paid in full before the can be rescheduled.